

ONE-HANDED USE OF THE

SWAT-T™

STRETCH, WRAP AND TUCK TOURNIQUET



The SWAT-T can be used one-handed. Open the packaging to the tourniquet by tearing the package open at the tear notches using your teeth. Remove the product from the package.



Take one end of the SWAT-T and hold it between your teeth. You will use your teeth as the second “hand” to grab and hold the tourniquet until it is secure. With your uninjured hand, loop the SWAT-T around the injured limb. Wrap the SWAT-T above the wound area (or over the wound area if being used as a compression dressing).



Continue to hold the end of the SWAT-T between your teeth and wrap once around the extremity to ensure the tourniquet is secure against the skin.



Continue holding the end of the SWAT-T between your teeth and pull the SWAT-T tight against the extremity until the graphic diamonds on the tourniquet become squares. This will show that enough force is being applied to stop severe bleeding.

CONTINUE ON BACK



ONE-HANDED USE CONTINUED



Continue to wrap the SWAT-T around the extremity, maintaining the compression by continuing to pull the tourniquet while wrapping. Once the tourniquet is set and pressure is being applied, you can release the end of the SWAT-T from your mouth.



Once near the end of the tourniquet, hold the last wrap up to create a loop and tuck the end of the tourniquet under this loop. The SWAT-T will grip onto itself and remain in place. Frequently check any style tourniquet for continued occlusion as loosening can occur after application.

PRODUCT SPECS

Dimensions: 4.5" x 3" x 0.6"

Weight: 10 oz.

Available in two colors:

Safety Orange and Tactical Black.

MADE IN THE USA



Military Grade. Battle Tested.™



328 McLaws Circle,

Williamsburg, VA 23185

(804) 642-3663 | hhmedcorp.com